

# The 6 Great Qualities of the DHAMMA



## **Svākkhāto** (Well Spoken)

The Dhamma is well-taught by the Blessed One, as he expounded the Dhamma after achieving Supreme Enlightenment. His words are precise and hold clear meanings, all directed towards achieving liberation from suffering. The Buddha's teachings are purposeful, explaining what suffering is, the origin of suffering, its cessation, and the path leading to the cessation of suffering.



## **Sandiṭṭhiko** (Visible Here and Now)

The Dhamma, taught by the Blessed One, can be understood and witnessed in one's present life through wisdom. It's not a reward bestowed after death by a god. The Buddha revealed the true nature of one's existence, urging his disciples to personally realize it here and now.

## **Akāliko** (Timeless)

The relevance of the Dhamma is unaffected by time. Whether Supreme Buddhas appear in this world or not, the nature of the world explained in the Dhamma remains true. All Supreme Buddhas teach the same Dhamma, and what was expounded by Gautama Buddha 26 centuries ago remains valid today and for ages to come.

## **Ehipassiko** (Inviting Inspection)

Similar to someone at the base of a mountain unable to see the panoramic view until climbing, understanding the Dhamma requires practice and development. The Dhamma invites individuals to explore and practice independently, emphasizing firsthand comprehension over blind acceptance.

## **Opanayiko** (Leading Inwards)

The Dhamma guides individuals towards self-reflection and inner transformation, steering away from external solutions. The Buddha encouraged his followers to direct their focus inward, discovering the path to liberation within themselves.

## **Paccattamī Vēditabbo Viññūhī** (To be Individually Realized by the Wise)

The Dhamma is not a set of beliefs blindly followed; it is a path realized through individual wisdom and insight. While the Buddha's disciples may practice communally, each person must individually grasp the Dhamma through their own wisdom. Practicing this Dhamma is a personal journey where one's realization cannot be transferred to another.

